

# O'CONNORS

Seafood Restaurant- Early Bird Menu

Served 6pm – 7pm Daily

**Early Bird Menu**

**Two courses €20 / Three courses €25**

**Soup of the day**

**Homemade rustic chowder**

*(Poached Salmon, Cod, and smoked Haddock chowder)*

**Wild boar black pudding with a pear and apple chutney**

**Chicken liver parfait and toasted brioche with apple and cinnamon  
compoté**

**Flash fried calamari with mango and sweet chilli dressing**

**Roast pumpkin and red pepper risotto**

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**8oz Irish Angus beef sirloin with homemade savoury onion rings with a  
herb jus**

**O' Connors seafood pie with smoked haddock, cod and salmon in a creamy  
leek sauce topped with mashed potato**

**Free range roulade of chicken with wild boar black pudding stuffing with  
chorizo and potato rustini**

**Traditional fish and chunky homemade chips with pea and mint puree**

**Natural smoked haddock and leek tarlet**

**Bantry bay mussels in a Thai curry sauce**

**Vegetarian option of the day**

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**Selection of homemade deserts**

Enjoy our fresh food thanks to our local suppliers including Central Fish Market Bantry, Jack  
McCarthy Kanturk, Bantry House Walled Gardens, Bantry Bay Crab, Cashel Blue Cheese, McCarthy's  
Butchers Bantry, Michael Moore fruit and veg and Oysterhaven oysters and Mussels.